

Suicide prevention accessibility among autistic people

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How can we fix this?

- Do not treat communication differences as a moral failing
- Do not treat the struggles with social cues as a moral failing
- Make sensory differences the major priority to fix before anything else.
- Make safety plans more concrete and less abstract
- Make processing time a priority

Risk factors for suicide in autistic adults:

- Social isolation or exclusion
- Unemployment
- Adverse childhood experiences
- Psychiatric illnesses

35% of autistic people have self reported plans or attempts at suicide



Augmentative and alternative communication device: a device used by nonverbal autistic people to communicate, the person would tap photos, click "speak" and the device would speak for the person.