

**EASTERN FLORIDA STATE COLLEGE - PHYSICAL THERAPIST ASSISTANT PROGRAM
PHYSICAL EXAMINATION FORM**

Students are encouraged to have their Primary Care Physician (PCP) complete the following form to ensure improved knowledge of the student's ability including their past medical history and not just a current pathology. This form must be completed by a Medical Doctor (MD), Doctor of Osteopathy (DO), Nurse Practitioner (ARNP), or a Physician's Assistant (PA). No other clinicians will be accepted. Also, please note that this record becomes college property. Students must make personal copies prior to submission as copies will NOT be provided once submitted. Also, this information may be shared with clinical sites upon request.

To be completed by the student prior to the examination:

Last Name	First Name	Middle Initial	Date of Birth
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Address

Phone Number	E-mail Address
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I understand that I may be asked to submit additional data. I understand that any falsification or omission of information on this form can result in dismissal from the Health Science program.

Student Signature	Date
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To be completed by the examiner: Student has been evaluated and deemed physically and emotionally capable of performing the essential tasks required of the Physical Therapist Assistant Program at Eastern Florida State College as outlined on the back of this form. The clinician MUST initial each performance standard domain on the next page.

Examining clinician signature (please include credentials)	Date
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Printed Name	Phone Number
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Office Address

The Physical Therapist Assistant Program at Eastern Florida State College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org>. If needing to contact the program/institution directly, please call (321)433-7115 or email schroederk@easternflorida.edu.

Physical Therapist Assistant Performance Standards

Physical Therapist Assistants (PTA) use cognitive, affective, sensory, and psycho-motor domains in the performance of duties as a licensed Physical Therapist Assistant. Students in this program are held to the standards that guide physical therapy practice when participating in clinical experiences. Thus, performance standards have been developed which apply to all PTA courses in the EFSC PTA program. Students should personally determine whether they are able to comply with each of the standards.

Students who believe reasonable accommodations would allow them to meet the following standards should speak to the Student Access for Improved Learning (SAIL) at EFSC. Determination will be made on an individual basis as to whether accommodations may be reasonably made. Students with disabilities are highly encouraged to work closely with the SAIL to determine their appropriate course of action.

Affective Domain

- **Interpersonal Relationships:** Must be able to interact meaningfully with individuals, families, and groups as well as maintain patient confidentiality.
- **Socio-Cultural Sensitivity:** Must be able to interact on a personal, intimate, and professional level with persons from all walks of life.
- **Communication:** Must have the potential to communicate effectively with health care team, clients, and families utilizing verbal, nonverbal, and written communication.

Cognitive Domain

- **Computational Skills:** Must have the cognitive ability to accurately calculate measurements.
- **Language:** Must be able to read, follow written and verbal instructions, and write using correct grammar, punctuation, & spelling.
- **Critical Thinking:** Must be able to display sound clinical judgment, reasoning, discernment, and decision-making abilities, even under extreme stress.

Psycho-Motor Domain

- **Gross Motor Skills:** Must have gross motor skills sufficient to operate equipment, navigate hallways, stairways, and client rooms, perform patient transfers, ambulation, and patient positioning using vary levels of assistance. The physical therapist assistant must also be able to utilize proper body mechanics to assist with patient techniques which may include: stooping, kneeling, crouching, crawling, reaching, and handling.
- **Fine Motor Skills:** Must have fine motor skills sufficient to perform specific PTA Duties including the manipulation and calibration of equipment.
- **Endurance:** Must have stamina sufficient for sustained physically demanding activities such as patient transfers as well as prolonged sitting, standing, and walking.

Sensory Domain

- **Tactile Abilities:** Must be able to perform physical assessments and procedures which require touch.
- **Visual Abilities:** Must have adequate distance, close and peripheral vision, be able to identify colors and patterns, and have adequate depth perception to assist in observation of patient condition in response to treatment.
- **Hearing Abilities:** Must have hearing adequate for assessments and avoidance of danger for self and patients.

In addition, to the above-identified standards, PTAs must also be able to:

- Tolerate tight, small places, face masks and other protective gear
- Endure exposure to Latex, bleach and strong cleaning agents
- Function effectively during sustained stressful situations.
- Adapt to duty times during nights and weekends when necessary
- Navigate the aquatic environment